

# WELCOME TO AHR!

WE MAKE YOUR LIFE  
SUPER SIMPLE

TSI Plastics

IT'S INCREDIBLY  
SIMPLE &  
QUICK!



1.

Provide your medical provider with your Preferred One ID card.



2.

AHR will automatically process your claims as soon as they are available!

**You're done!**

**Effective 01/01/2022 AHR will Pay Your Claims Automatically!**

- ◆ Use your Preferred One ID card at your doctor or clinic to make sure your claims are applied to your deductible.
- ◆ Use your AHR card at the doctor or clinic, if needed, to verify your additional employee benefits.
- ◆ Once we receive your claim from Preferred One, AHR will automatically pay it, directly to the medical provider.
- ◆ After we process your claim you will receive an email confirmation letting you know we have processed your claim.
- ◆ Pharmacy: Use your AHR card at the pharmacy and pay only your copay. The pharmacist must run the Preferred One card first as primary coverage and then the AHR card as secondary coverage. (Do not use the AHR card at CVS Pharmacies--only use your Preferred One card.)

## Peace of Mind

To log in to your account go to [www.ahr.net](http://www.ahr.net) and click on AHR Login. You will need your user name and password provided in your welcome letter OR for on-line access, email AHR at [info@ahr.net](mailto:info@ahr.net) or call 1-800-570-3757.

**American Health Resources**  
11 N. 2nd. Avenue  
St. Charles, IL 60174  
1-800-570-3757

**If you have questions, please call M – F, 8:30 – 5 (CST).  
As always, we will continue to look for better ways to serve you!**