



# Knowledge is Power



## Webinars & Seminars

Empower your team with educational events for risk-minded business leaders presented by industry professionals in the areas of insurance, HR, safety, and wellness.

## Regulatory Updates

There are countless rules and regulations governing today's businesses, many of which are complex. We help you keep current on laws and regulations that affect your company.

## MyWave Portal

Support compliance and strategic employee relations with access to thousands of professional, attorney-backed business resources in a variety of topic areas.

## Recent Webinars

- \* How to Handle Employee Problems & Complaints
- \* New EEO-1 Form & DOL Guidance Withdrawals
- OSHA's New Silica Standards: Is Your Program Compliant?
- Electronic Logging Devices: The Best Option for Your Fleet
- \* ADA Compliance: Disability Accommodation

## Recent Updates

- Minneapolis-St. Paul Sick & Safe Time Ordinances Now in Effect
- OSHA Proposes New Deadline for Electronic Reporting
- DOL Withdraws 2015 & 2016 Guidances
- U.S. House Passes Changes to Overtime Rules
- American Health Care Act Passes the U.S. House

## Topic Areas

- Employee Benefit Communications
- Legal News & Compliance
- Workplace Wellness Programs
- Employee Health & Safety Communications
- HR/Safety Policies
- Benchmarking Surveys & Statistics
- Risk Management
- Workers' Compensation
- Occupational Safety and Health Administration (OSHA)
- Employee Safety Meeting Resources

\* Select events are eligible for HRCI and SHRM recertification credits.



## MyWave Communications Digest

The digest is your most convenient path to MyWave content. Once activated, the digest delivers new and timely resources straight to your email inbox.



# Personalized Advice

**GET PERSONALIZED ADVICE** on a variety of topics, including state and federal compliance, employer best practices, workplace programs and more.

## Professional Support for Common Business Challenges

### Human Resources

- Lack of hiring processes
- No employee handbook
- Unclear job descriptions
- Lack of clarity around employee/ employer rights
- Scattered employee records
- Lack of structured employee training
- Civil lawsuits
- Employee motivation and retention

### Health & Safety

- Lack of health and safety processes
- No safety programs or manuals
- Unclear day-to-day expectations for workers
- Gaps in regulatory compliance
- Lack of recordkeeping process
- Lack of emergency action plans
- Fleet-specific safety and compliance
- Poor claims/loss experience

### Wellness

- No past worksite wellness experience
- Getting support from leadership
- Unclear vision of where to start
- Lack of time to produce and distribute program communications
- Lack of ideas for activities
- Lack of budget

### HR & Legal Hotline

Powered by our professional consulting partners at Synergy Human Resources.

Call or email:  
(888) 603-7872  
[hotline@synhr.com](mailto:hotline@synhr.com)

### For Health & Safety Support Contact:

Integrated Loss Control

Call or email:  
(888) 475-6525  
[ilcsupport@ilci.com](mailto:ilcsupport@ilci.com)

### For Wellness Support Contact:

Jessie Sandoval

Call or email:  
(320) 291-6285  
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